

Restore, Reclaim, Reignite

GENA CHIECO
CONSCIOUS LEADERSHIP COACH



Career & Life Group Coaching Programs

TRANSFORM YOUR
LEADERSHIP JOURNEY IN LIFE
AND IN WORK



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"AND YOU? WHEN WILL YOU BEGIN THAT
LONG JOURNEY INTO YOURSELF?" —RUMI

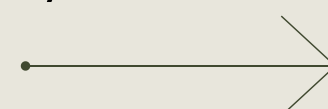
Group Life Coaching Program

I have had the privilege of traveling the world, and learned that perhaps ironically, the greatest adventure is the journey home to our own true self.

This program, inspired by the Restore, Reclaim, Reignite Provence retreat, will guide you to embrace your full potential by shedding things that no longer serve you, navigating change with greater ease, facing fears with courage, boosting confidence, embracing your leadership gifts, and setting your vision toward actualizing your dreams.

When a small group of strangers comes together, a unique alchemy occurs —there is an invitation and freedom to be our truest selves, unburdened by narratives and scripts of how we "should" be. The healing power of showing up authentically and being seen by compassionate eyes cannot be overstated, for it illuminates key facets of what makes us each unique. Being in a kind, diverse community reinforces that "I am not alone" in whatever I am navigating.

While change is incremental, true transformation catapults us into lasting, evolved ways of being—boosting well-being, purpose, fulfillment, and energy.



Group Career Coaching Program

Whether you are navigating a career transition, exploring what's next while employed, sensing something is missing in your career, actively job searching, maximizing the potential of your current role, yearning to launch a dream business, contemplating a sabbatical, or feeling stuck and unsure of where to begin—this program is for you!

Join Gena and a supportive small group for a transformational career coaching experience and incubator of self-discovery, clarity, support, and action.

This program blends practical, tactical career change strategies with integrated, embodied, conscious leadership principles to help you move forward with confidence and alignment (life coaching meets career coaching).

Topics include: Embracing unique genius and transferable skills; Developing a powerful pitch (personal brand statement); Navigating change, facing fears, and building self-confidence; Career mapping and looking back to vision ahead; Creating a purpose portfolio; Embracing your core values and authentic leadership style; Cultivating community (networking) and interviewing best practices; Moving from inner critic to inner guide; and Dreaming big.



Details for Group Coaching Programs

- Eight 90-minute live, interactive workshops via Zoom
- Workshops will include substantive topical overviews, journaling, breakouts, reflections, group discussions, breathwork, guided visualizations, and more!
- Two 60-minute 1:1 coaching sessions
- Diverse and dynamic small group of six to eight
- Extensive respository of exercises, assessments, and resources to continue learning between sessions
- Dedicated WhatsApp group for communication and connection between sessions
- Investment: \$1850 (monthly payment plan available; sliding scale & pro bono spots available for financial need)



About Gena

I am a Conscious Leadership Coach passionate about guiding the profound power of personal metamorphosis and self-discovery.

In my prior career as a lawyer, I had the privilege of serving the Obama Administration, including at the White House, and then worked for a cleantech startup as General Counsel.

In what I would later appreciate as a midlife awakening, I left the startup in 2018 for a travel sabbatical, simultaneously embarking on the greatest adventure: the inner journey home to my true self.

After completing Martha Beck's coach training program, I embraced that I have always been a coach in spirit—deriving tremendous joy and purpose in helping others access their full potential—and launched my coaching business in 2019. I have completed several other life, career, and executive coach training programs, including Conscious Leadership Group, Coaches Rising, Internal Family Systems, and Somatic coaching.

Today, as a Founding Guide for CHIEF, and with a thriving private coaching practice, I have extensive experience with 1:1 coaching and group coaching, as well as leading workshops and retreats (2,500 hours).



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Client *Testimonials*



Working with Gena as my life and executive coach for the past five years has been a game-changer. Her workshops, discussions, and exercises are truly immersive experiences that have guided me through an incredible journey of self-discovery. Gena's expertise and compassionate approach have helped me uncover my true potential, leading to profound personal growth and success in my career. Her thoughtfully curated sessions have provided invaluable tools for navigating both professional challenges and personal relationships. I cannot recommend Gena enough – she is a remarkable coach who has made a lasting, positive impact on my life.

– *Nikisha Bailey, CEO and Founder*



I have been in one of Gena's coaching groups for over four years and cannot recommend her highly enough. Her well-rounded knowledge and acute understanding of clients is unparalleled; she holds deep compassion for the people she works with while simultaneously holding them strongly accountable for the progress they desire and intend to make – it's nothing short of magic, I'm convinced.

– *Shawna Burtscher, Global Brand Marketer*



This is so tough for me because I do not know how to distill the impact Gena has had into anything short of a novel. However, I will say that working with Gena has brightly illuminated my path and given me confidence in my knowledge of my self and of my strengths. Gena's coaching has facilitated so much growth and resilience over the last few years and not just for me - I've witnessed the impact it's had on others with awe. I heartily and heartfully recommend Gena to anyone looking to deepen their self-knowledge and strengthen their leadership skills.

– *Molly Stanek, CEO/CTO and Founder*

Book A *Free Call*

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AND VISIT [WEBSITE](#)

TO LEARN MORE



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Breaking Surface, by Mark Nepo

Let no one keep you from your journey,
no rabbi or priest, no mother
who wants you to dig for treasures
she misplaced, no father
who won't let one life be enough,
no lover who measures their worth
by what you might give up,
no voice that tells you in the night
it can't be done.

Let nothing dissuade you
from seeing what you see
or feeling what you feel. Let you
want to dance alone
or go where no one
has yet to go.

You are the only explorer.
Your heart, the unreadable compass.
Your soul, the shore of a promise
too great to be ignored.

Image: Venice Beach, 2023